Conscious Language™

The Logos of NOW

The Discovery, Code and Upgrade to Our New Conscious Human Operating System.

Robert Tennyson Stevens

Foreword by Gregg Braden, New York Times Best Selling Author
Robert Tennyson Stevens
Conscious Language™, The Logos of NOW
The Discovery, Code and Upgrade to our new Conscious Human Operating System.

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Mastery Systems'
Conscious Human Operating System Series
DEDICATION

To my wife, Helena, who has gone ahead to check out Heaven and find the place God has prepared for us.

To my Daughters, Mignon and Divinity: you both are my promise of Heaven on Earth.

To Humanity who is remembering Pure Speech, the Language of our Heart.

Godspeed to us all.
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Foreword

How much power do our words really carry? Is it possible that our words—the air that we invite into the deepest recesses of our body and then carefully expel through the sacred organ of our vocal chords—have a power that is so great that it was intentionally confused over 5,000 thousand years ago? What would it mean to re-discover the secret of the language that heals our deepest hurts, breathes life into our greatest joys, and literally creates Reality itself?

The book that you hold in your hand answers these questions and much more! The result of over thirty years of research and the experiences of many thousands of people, Conscious Language™, The Logos of NOW is the premier guide to Conscious Language™ in the 21st Century. Through 18 concise chapters, the pioneering work of Robert Tennyson Stevens masterfully leads us on a step by step journey in the new science of Conscious Language™; the science of choosing the words that express our true intent, and knowing that our words are the quantum templates of health, abundance, peace and relationships!

Sometimes hilarious and always thought provoking, Robert Stevens has filled Conscious Language™, The Logos of NOW, with true life stories and easy to understand examples. Each one invites us to consider how consciously we are using the language of creation in our own lives. By following the exercises, we find that clarity in our words can lead to a clear understanding of life’s greatest challenges. Once recognized, we also see how subtle “upgrades” in our language, can change the way we feel about ourselves and what we believe to be true in our world. And why not? After all, the words that we speak are the literal commands to consciousness itself, the quantum “stuff” where everything begins!

Perhaps the 13th Century mystic Rumi best described the power of our relationship to our bodies and our world by saying, “We are the mirror, and the face in the mirror. We are the sweet cold water, and the jar that pours.” In other words, through the language of poetry Rumi reminds us of the mystical irony of life. We are creating our reality, as well as experiencing what we have created. We are the artists as well as the art, suggesting that we have the power to alter what we experience.

Today, modern scientists describe precisely the same irony. Using the language of quantum physics rather than poetry, a growing number of leading edge scientists suggest that the universe, and everything in the universe, “is” what it “is” because of consciousness itself—the same consciousness that is affected by our words. In 1967, the pioneering physicist Konrad Zuse married the ideas of a creative consciousness with modern technology and proposed that
our universe works like a massive consciousness computer (MIT Technical Translation, 02139, 1970). And just as every computer translates “Input—Commands” into “Output—Results,” our cosmic consciousness computer appears to do precisely the same thing!

In this analogy, it is consciousness itself that does the translating. And the reality of our everyday lives is the quantum “Output” of what our deepest beliefs have created. Just as the changes that come from a computer’s output must come from within the computer itself, to change the reality of our lives we must change the language that makes our reality as it is. The key is that we must do so while we are still living in the conditions and relationships that formed from our existing use of words and beliefs! This beautiful and powerful fact is where this book comes in. Because we create through the words that carry our deepest beliefs, our language holds the power to tear down or build up, to destroy or create.

But you already know this from personal experience. You know in your own life, for example that you can absolutely devastate a person, shred their confidence, belittle their achievements, and degrade their self worth. You know, as well, that you have the power to elevate another human being to great heights of confidence and joy simply through the words that you share with them. Both can happen without ever touching them physically—we touch one another, and our world, through the power of our words.

Every day we offer the literal input of our word—commands to the consciousness of the universe. Every day consciousness translates our personal and collective code into the reality of our health, the quality of our relationships, and the peace of our world. And this is the great secret of Conscious Language™ that was lost in the land of Babel over 5,000 thousand years ago. The question now is less about whether our words are powerful, and more about how we use the power of language in our lives. Are we willing to honor our gift of language by saying what we really mean, and saying it consciously?

Gregg Braden, New York Times best selling author of:
The Divine Matrix, The God Code, Secrets of the Lost Mode of Prayer, and The Isaiah Effect
Logos, noun. (Latin logos; Greek logos, a word; the word by which the inward thought is expressed, the inward thought itself, from legein, to speak.)

1. In Greek philosophy, reason, thought of as constituting the controlling principle of the Universe and as being manifested my speech.

—Webster’s New Twentieth Century Dictionary Unabridged

Universe, noun.
1. Uni, consisting of one only.
2. Verse, a word, poem or song.
3. Universe, one song, one verse, one poem, unified.
Our awareness—that which we are Conscious of being—is the tapestry of our life. Our language is found in every thread and fiber of our reality. By changing one word within ourselves, we expand, contract or alter our Consciousness, our awareness and our reality. The thoughts and conversations of generations before us are still resonating as true and real in our lives. Many of these language patterns and beliefs are less than our highest truths. There are greater truths, and more wonderful realities awaiting us all. Our language will expand with our Consciousness. Our Consciousness will expand with our language. Our Words hold the key to our new Heaven on Earth. May each Word we speak be our Conscious Prayer coming into reality now and now and now. Life is urging us all to awaken! “Awakening to what?” you may ask. Listen to your Heart. Find the Language of your own Heart. This book is a tool to access your Heartdrive with new Heartware.
In the beginning
was the Word...
By the word of the LORD were the heavens made; and all the host of them by the breath of his mouth. For he spake, and it was done; he commanded, and it stood fast. Psalms 33:6, 9

PREFACE

Reading this book offers a new possibility, a new exactness to the personal respons-ability of you, the reader and I, the author, to awaken to exactly how life situations have transpired in our life and what to do, through Language awareness, to change our life situations, into our full manifest potential. Within the body of this book I will demonstrate some of my own self-coaching upgrades including “cancel clear” and “in the past.”

We have arrived to where we are through our current Language and Consciousness.

Congratulate yourself. You may discover, as I have, we have done amazingly well by using a Language System full of viruses and glitches. You may also discover how to upgrade every aspect of your life, from inside out. The material in this book is dangerous to exposed and hidden limiting beliefs. Please use this material to empower yourself, more wonderfully than you already are and to fulfill your Dreams. Changing a way of thinking, speaking and listening can take a life time or a nano second. For the dedicated seeker of truth, start by choosing to “make it easy” i.e. “I choose to make my personal life upgrades fun and easy.”

Words are how we communicate, think and even feel. Language is as integral to our species as an operating system is to a computer. The glitches in our thinking and speaking crash our dreams as quickly as a pesky virus can mess up our computer. Words
“rule” because they shape Consciousness. For a few thousand years, humanity has been using a fairly old system of communication. In this system, the belief in “I want,” “I can’t,” “It’s hard,” vagueness and impersonal communications were normal. “Lack” happened seemingly out of the blue. Dis-ease was a force beyond the control of most humanity. Success had laws, used by the successful—sometimes with understanding—and misunderstood by the unsuccessful. Maybe it was genetic? Maybe it was fate. Maybe it was beyond our scope of power to understand as human beings. Or is it?

In this treatise, we will explore the huge possibility we have simply spoken into, thought into, or accepted our reality, in words, before or as it became reality. Our Consciousness is the doorway to our experience and reality. We are the ones to confirm and consent to our situations in life by our thoughts, feelings, and especially our words as scientifically and mechanically as any other law of the Universe. By taking ownership of our conditions in our lives and becoming aware of our Language shaped thoughts we can powerfully change our life situations. Our everyday language reveals exactly what we are agreeing with and therefore creating. By a simple shift in our language we can shift our Consciousness and experience our Dreams as reality.

We do have a choice. Remember choice? What is your choice? By making a new Conscious Choice we can begin the Upgrade of Conscious Language™ and when you are ready, take the next step to the language and experience of “Mastery.”
“Ask and it shall be given you; seek and ye shall find; knock and it shall be opened unto you.” Matthew 7:7

GENTLY APPROACHING SCRIPTURE

Scriptures have been used down through the ages to Bless or bind, help or hinder, forgive or judge, separate or unify. Like any form of power, humanity has used scriptures to blame and bless. I have allowed myself to let Scripture touch my Heart with the Spirit of Truth. I invite each of you journeying through these pages, whatever your Spiritual inclination may be, to ask God, your God, The One in Your Heart, to awaken any and all Truth found in or through the words and ideas presented here. May you be more fully One with your Creator, as you read each page and by the power of your own choice, prayer, decree, focus and intention.

A Decree is a Law: Something spoken with authority and conviction.

“In all your getting, get understanding.” Proverbs 4:7

I have presented this material to Fortune 500 companies, governmental agencies, business executives, sales people, parents, children, teachers, ministers, rabbis, gurus, saints, and sinners alike. Language is universal and a special creative quality bestowed upon us by the Author of Humanity and the Universe. In my seminars and talks, one of my first tasks is to help us all find common ground about the God thing. More people have been killed in the name of some God than I care to imagine. Whatever name I use for God—Creator, Buddha, Christ, Allah, Jehovah, I AM that I AM—if it does not ring your bell, please translate my words into your words of Truth. The message in this book is designed to reach your Heart, whatever your spiritual inclination may be and is exceedingly timely for Humanity. Finding where we can communicate is one of the Mission's with-
in this book. Thank you ahead of time for adjusting your inner ears to listen with your inner Heart through what ever words I use. Communication starts with intention to commune—to be at one.

“For there are three that bear record in heaven, the Father, the Word and the Holy Ghost: and these three are one.”
1 John 5:7

AUTHOR'S NOTES

The information in this book is taken from my experiences with thousands of people who have made a commitment to be a “committed listening” and to play 125%. Give yourself permission to test every concept, definition, suggestion and idea for accuracy and truth. I have learned a great lesson over the years: My limiting beliefs are committed to being what they are—limited.

To change limited beliefs, commit to upgrade into Victorious beliefs, fully.

Capitalizations are used to Develop Full Meanings throughout this book (Just so those who have editorial skills know we know).

“Limited beliefs are committed to their own survival even unto the demise of the physical vehicle in which they reside until they meet a commitment to change the limitation into some powerful and specific Blessing.”
Helena T. Stevens
IMAGINATION ACTIVATION

THE POWER OF IMAGINATION

Over the years sharing powerful paradigm shifting options with individuals, organizations, corporations, families, and couples, I have learned the importance of letting the subconscious mind or feeling nature know ahead of time “where it is going” and “how it is going to get there.” Before beginning this journey of language, I recommend gifting your own Inner Being with the following exercise.

The following exercise is best done before reading this book and again at any time limiting beliefs appear to struggle with your upgrades. This powerful exercise creates new synaptic linkages, resulting in higher choices residing in our mind and emotions. The practice of imagining what our life is like now, as if our life was lived using conscious creative thoughts and language, results in a life lived from our Heart's highest choices. When we know where we are going, the trip is much smoother and the desired outcomes manifest with greater EASE.

“Declaring the end from the beginning, and from ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure.” Isaiah 46:10

Imagination Activation Exercise

Imagine you have experienced open, honest, direct, heartfelt, outcome-oriented communication and have used Conscious Creative Language all your life.

Imagine you were conceived consciously by your Mother and Father, who planned for you, chose you, prepared for you with their own personal, deep, sacred focus and commitment.

Imagine you were received at your birth by the hands of many loving attendants and family members who received you as the Divinity you are.
Imagine you remember who you really are. Fully place yourself in this newly imagined state of awareness.

Coming from your newly imagined state of awareness (make it the facts of your New current existence), describe what your life is now like.

**Ask yourself:**
- What am I doing?
- Who is with me?
- What is around me?
- What is home like?
- What is my workplace like?
- What are my relationships like?
- What does my life look like?
- Smell like?
- Feel like?
- Sound like?

Imagine a Genie is instantly giving you your every wish. As you write this on a separate sheet of paper or even begin a new journal:
- Be sure to be vivid and specific.
- Write your responses personally, in first person, with feeling.
- Be free from your editor mind and write what comes to you as it comes to you.
- Be spontaneous and feel each word as you write it down.
CHAPTER 1

LANGUAGE AND CONSCIOUSNESS

Language, speech, words, and ultimately thoughts are the casting of spells. Our language shapes energy into matter. When we learn how to “spell” a word, we learn how to shape the sounds or letters of a word with meaning and feeling. If what we say matters to us, it ultimately influences “matter” or turns into matter—physical manifestation.
As you will discover, our language is the shaper of our world, the “spell” of our reality. Health, disease (dis-ease), happiness, sadness, abundance, poverty, survival and “thrival” are all Decreed by the individual or group into reality through our Consciousness. Our language shapes our Consciousness. As you will further understand through the Domains of Language, Scriptures and Gospels (God-Spells) our words are of the same creative force and powerful activity as God’s Word. All Creation is God’s. We are God’s energy. We use God’s Energy all day long to create Heaven or hell. We have been somewhat handicapped until now. We were given a confused language. I call it the “Babel Virus.” It is essential we—humanity—know what the “Babel Virus” is and what influence it is having on our Consciousness through our inner and outer speech.

1And the whole earth was of one language and of one speech. 4And they said, Go to, let us build us a city and a tower, whose top may reach unto heaven; and let us make us a name, lest we be scattered abroad upon the face of the whole earth. 5And the LORD came down to see the city and the tower, which the children of men builthed. 6And the LORD said, Behold, the people is one and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have imagined to do. 7Go to, let us go down and there confound their language, that they may not understand one another’s speech. 8So the LORD scattered them abroad from thence upon the face of all the earth: and they left off to build the city. 9Therefore is

“Human beings do not live in the objective world alone, nor alone in the world of social activity as ordinarily understood, but are very much at the mercy of the particular language which has become the medium of expression for their society. It is quite an illusion to imagine that one adjusts to reality essentially without the use of language and that language is merely an incidental means of solving specific problems of communication or reflection. The fact of the matter is that the ‘real world’ is to a large extent unconsciously built up on the language habits of the group ... We see and hear and otherwise experience very largely as we do because the language habits of our community predispose certain choices of interpretation.”

Edward Sapir
the name of it called Babel; because the LORD did there confound the language of all the earth: and from thence did the LORD scatter them abroad upon the face of all the earth.

Genesis 11:1, 4—9

For those who have a Scriptural focus, this quote speaks for itself. For those who have a different focus, I share a quote one of my mentors shared with me many years ago:

“Contempt, prior to complete investigation will enslave a person to ignorance.”
Dr. John W. Ray

I did not start with a scriptural background. I have found Scripture by “accident.” If the Bible is a book of Truth which I have experienced it is—thousands of times—and if the Tower of Babel event is true and happened; then the Consciousness which inspired these Scriptures must have had a reason for confusing the language of the people at that time.

The way I see it, if a child got hold of a gun and was playing with it, good parents would take it away for safety. The same thing may be true with our Divine Parent, realizing humanity of that period was using the all powerful tongue to create an external monument to an internal and eternal Heaven.

Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.
Luke 17:21

By confusing our language, we may have been spared total destruction from the mis-use of the power of Language. This confused language saved humanity’s life, yet it is still operating today. I believe now is the time to awaken from the “Curse of Babel,” know the Kingdom of God is within and realize the Divine Temple within each of us. I believe the time has arrived to remember Pure Speech, Conscious Language™, the

“If your language is confused, your intellect, if not your whole character, will almost certainly correspond.”
Sir Arthur Quiller Couch

WHAT IS CONSCIOUS LANGUAGE™?
Language of our Heart, The Language of Now, the Language of I AM That I AM. Please join me and thousands of other Consciousness students in remembering Pure Speech. May we use our Words to heal, to bless, to prosper and to thrive from this moment forward.

Awakening from the “Curse of Babel” requires determination, Love, Faith and commitment to self correct our Consciousness and life actions. It will also take Grace, lots of Grace.

“For then will I turn to the people a pure language—also translated: pure speech—that they may all call upon the name of the LORD, to serve him with one consent.”

Zephaniah 3:9

Many simple and very powerful statements of Truth have been shown to me by Grace at an early age. I have found Truth only becomes Truer. The passage, “Decree a thing and it shall be established unto you” is very real and at the heart of my sharing. An important key is to understand what a Decree actually is. Finding out what a Conscious, Life Giving Decree is and what an unconscious decree is becomes vital to the person who is committed to thriving and living their Glorious, Successful, Happy and Abundant Life.

By realizing (real-eyes-ing) what we are actually saying to ourselves with our inner speech and to others with our spoken word, awakens our “New Self” within us. This “New Self” is already here. Our “New Self” functions in truth. Our “New Self” operates Consciously. I define the operations of this “New Self” awareness as our “Conscious Human Operating System” (C-HOS). By determining to speak (inner speech and outer speech) only what we choose to have come into manifestation now and continuously brings forth quantum levels of ever expanding success.

“The quality of our thoughts is bordered on all sides by our facility with language.”

J. Michael Straczynski
The systematic language code provided in this book acts as a guide, memory agent or stimulator for upgrading our lives, communications, prayers, creativity and relationships. Your commitment to your Heart's Pure Speech will be what resurrects your own world into your Heart's manifest desire. Ultimately the process of remembering the consciousness of our Creator will awaken our “I AM That I AM.” This is both practical and Spirit filled.

SPEECH

Speech is the conscious direction of breath from our lungs turned into sound currents crossing over our vocal cords. Those sound currents, shaped by our tongue, mouth, and lips, become words which have power to give life or take life.

All language is vibration. Vibration includes sound and light. Language is the process of Spirit (breath, inspiration) becoming reality.

“And the Word became flesh.” John 1:14

By bringing our awareness to our Language we expand our awareness—a good thing. By becoming Conscious of speaking, thinking and hearing limiting language we are able to make changes in our words, thoughts, and feelings and speak, think and hear new positive, helpful, supportive, specifically healing words. We can begin to rewrite our scripts (scripture) in love, abundance, joy, unity, Grace, and ease. Conscious Language™ is the remedy for the Babel Virus because it causes us to be Conscious of our expression and creation.
Some students of Life will start by changing their state of “wanting” (lacking), to “choosing” and on to “having.” Some will start by moving from being disconnected (the money, that family, their world) into being connected (my money, my family, our world). Hundreds of simple language and consciousness shifts are presented in this book. As simple as each of these expression upgrades appear, I invite you to prepare yourself:

**Language changes are extremely powerful!**

Small upgrades in our lives are subtle. Going to a slightly newer version of some software program or buying a new automobile of the same style one year newer is not very noticeable. Upgrading to Conscious Language™ is more like going from the much older computer operating system DOS to the new and very robust operating system Microsoft's Windows XP Pro. Imagine the consciousness of the authors of DOS compared to the authors of XP Pro—even if they were some of the same people. Many of our computer programs and computer accessories will not even run on such a large upgrade.

Our limited belief systems, encoded to maintain us being confused, blocked and stifled, will also have major changes to go through in the upgrade to Conscious Language™. A computer is not a feeling, emotional, living, breathing, inspired human being. You are! Humanity's upgrade process is exponentially more challenging. Our thoughts, feelings, memories, both genetic and experiential, are stored on in our bodies and on our “Heart Drive.”

**Upgrading to a new Conscious Human Operating Systems will take new “Heartware.”**

Lucky for us, the Heartware required is already installed on our Heart Drive by our Maker.
The following upgrade is best approached carefully, honestly, prayerfully and lovingly. “I choose to make this fun and easy” is a great affirmation for what you are about to initiate or enhance in your life.

May you instantly and in Perfect Divine Order connect with the Truth within your Heart of Hearts and confidently speak only what you choose to have manifest now and continuously with ease and Grace. And so it is... And it is good, very good.
CHAPTER 2

REMEMBERING CONSCIOUS LANGUAGE™

My passion for language started in 1968. A university professor, Bryce Zender, at Western Michigan University noticed I looked different than the rest of the Marketing and Business School students (I had long hair, it was the 60's). Bryce was very committed to helping students find their life mission and he invited me to do an independent study of my choice. I selected the Hopi Indians as my topic, figuring I already knew enough about them, their prophecy, life style, culture, and beliefs from my Native American study. Bryce suggested I study the Hopi Language, of which I knew nada, zip, nothing. With some coaxing I agreed.

Little did I know what was about to happen to my Consciousness. I was handed a book titled, *Language, Thought and Reality*, by Benjamin Lee Whorf. This little brown paperback book could have been named the red pill after Neo’s experience in the Consciousness blockbuster movie, *The Matrix* because my known “world” was about to become “whirled” in a very new direction.
Whorf was an engineer by trade and fascinated with the structure of Language as it shapes a culture's concept of reality. He approached language the way a quantum physicist approaches energy waves. Studying Whorf's research on the Hopi Language expanded my consciousness in a dynamic new way for my 19 years on Planet Earth.

I found myself reading a passage over and over as my consciousness shifted. The idea: our language shapes our reality; that each language defines an entirely different reality through different words (linguistic determination); that space and time were different for the Hopi. The idea that the Hopi had no “space” or “time” in their language in the way I had space and time challenged the very core of the “reality” I was living in.

“After long and careful study and analysis, the Hopi language is seen to contain no words, grammatical forms, constructions or expressions that refer directly to what we call “time,” or to past, present or future or to enduring or lasting or to motion as kinematics rather than dynamic (i.e. as a continuous translation in space and time rather than as an exhibition of dynamic effort in a certain process) or that even refer to space in such a way as to exclude that element of extension or existence that we call “time,” and so by implication leave a residue that could be referred to as “time.” Hence, the Hopi language contains no reference to “time,” either explicit or implicit.”

Benjamin Lee Whorf

I was being stretched in every direction and my known “box” of my current reality was dissolving (morphing) quickly.

Whorf's work was like a parakeet giving birth to an ostrich for my Consciousness. It took almost a year to write my thesis. I was so “expanded” or should I say “dumbfounded” (I found my dumb self, in the past, cancel clear¹), I finally just gave quotes from my research for my thesis, instead of giving my own opinions. I realize my birthing process continued on for decades. My

¹ “In the past, cancel clear” is a declaration I utter every time I choose to neutralize the power of an statement and cancel its creative energy. See “Decree a thing” page 160
hoped-for A turned into the lowest grade Bryce had ever given, a B-, as his form of retribution for not offering my own ideas on this language thing. Bryce, if you are still here, please know it has taken me 37 years to finish my thesis which you are now reading. I thank you, from my Heart, for your guidance.

WHAT WAS SO STRETCHING?

Things like understanding the Hopi did not have a word for now because they couldn’t get out of now to have to use the word now to get back to now. What? And they were so here they experienced being one with the rock, not the rock was over there, no, the rock is one with them right here. Huh? Only they would not even say it that way (you know, English vs. Hopi, apples vs. tractors). I studied words and conjugation of verbs to begin to understand these Blessed People's awareness which was so very different from the language (operating) system I was using.

“We cut nature up, organize it into concepts and ascribe significances as we do largely because we are parties to an agreement to organize it in this way—an agreement that holds throughout our speech community and is codified in the patterns of our language. The agreement is, of course, an implicit and unstated one, but its terms are absolutely obligatory; we cannot talk at all except by subscribing to the organization and classification of data which the agreement decrees.” Whorf—1956.

To confound matters even more, I had just read Baba Ram Das' book Be Here Now and was greatly wowed by this cosmic explorer turned Holy Man and his ah-ha of studying with all these Eastern Masters and boiling down his experience of these “advanced souls” to the experience of “Be here now!”
Then I study Whorf, who finds this Tribe who have a language shaping a reality where they are so here and now they do not even have the words, here and now. Go figure…

“The change in language can transform our appreciation of the Cosmos.” Benjamin Lee Whorf

Then was 1968. Yes, I still ascribe to some forms of time. Through thousands of interactions, coaching, trainings and teachers, I have woken up to the creative “Code” of language. What I call Conscious Language™. My focus in this writing is to share with you a simple and systematic way of creating New Realities according to the Spirit within our Heart.

I invite you to discover a Consciousness stretch as vast as my own has been, is, and will continue to be, by waking up to Conscious Language™.

For over 35 years of playing and sharing with many enlightened beings, I have discovered some very helpful suggestions and experiences to pass on to you and your loved ones. Your ease and comfort in Decreeing your New Life (Inner Life, Successful Life, Spirit Filled Life) happens when you revise your current reality into your heart’s desire. We still have our “mountain” to move. Instead of using a toothpick you have the opportunity to use the “Mondo—Mega—Dozer” of Conscious Language™.

“So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please and it shall prosper in the thing whereto I sent it.” Isaiah 55:11

I proceeded to integrate the language mystery with the varied studies of my life path, including: alternative health, Consciousness, meditation, prayer, herbology, alternative energy, solar energy, green building, decreeing, parenting, success, sales, Spirit—God in every form and path I could find—relationships, business, and music. Each topic or area of enthusiastic interest seemed a study in itself until one day the whole puzzle came together within me, like spokes of a wheel, in one central hub, one place in my Heart with language at the core.

One momentous day I realized my language, my own words, thoughts, feelings and all my expressions, were shaping my own reality, moment by moment, word by word by word. I found my own thoughts (inner speech) was pre-describing (pre-tending, pre-ordering) my outer reality. I began to hear those I personally lived and worked with and professionally coached and trained directly Decreeing, through their words, their positive or negative “reality.” I found the core cause. I found the code of reality.

I found each of our realities was being shaped directly by our inner speech and outer Languaging, consciously or unconsciously, exactly as we were saying it.

I began to hear creation at the level of First Cause. I found the Universe and our subconscious were and are connected and literal.

Our language is self fulfilling prophecy.
LET THE SLEEPER AWAKEN

Before my current approach to Conscious Language™, those who knew me in my early 20’s most likely would say that I was already passionate about the role of language in my life. My veil rending awakening I was about to go through came as a huge surprise to me, very unexpectedly, like a thief in the night.

Then an experience happened with a very good friend of mine who was involved in taking classes with me and doing Body Electronics—a form of sustained acupressure developed by one of my mentors, Dr. John W. Ray, ND. My friend was a tool and dye man near Ann Arbor, Michigan. Alternative health was a brand new field for him. After observing miraculous healing of broken bones and other miracles through Body Electronics, he had committed to be a trainer of B.E. Broken bones heal very quickly in this system. My friend began to wonder (worry?) if he would be able to heal something like a broken bone. The Universe gave him his answer. To make a very long story short, four days from his questioning his ability, he was with his estranged, soon to be divorced wife, and their children at a park. He was in tremendous pain about the upcoming divorce not being of his own choice. As he began to leave the park he said to himself, “I just don't understand, I don't understand why my wife is leaving me.” He spoke these words with very deep feeling and with repetition. As he stepped off the curb he twisted and fractured his left leg.

You will understand through these pages how our every word is heard and is made manifest by our Creator within us.

Did he create the broken leg?

What I discovered in that moment changed my entire understanding of Language and its role in reality. In the Body
Electronics (B.E.) process, the individual remembers and relives the trauma just like it happens. Until the B.E. session, he had no Conscious knowledge of what he was thinking or saying before or at the time of the injury. He just knew he broke his leg. “Pain is the capstone to memory,” Dr. John Ray would tell us. By loving the pain, the memory comes back, and if we re-live and love the experience with all the corresponding thoughts, words and emotions, the body will heal, in reverse order as the symptoms have appeared. During my friend’s B.E. session he remembered feeling and saying, “I don’t understand, I just don’t understand why we can’t be together.” I was present at his session and heard him re-live his experience while his bone was mending (yes it healed right then) and I “heard” his words on a whole new level.

Words spoken with specificity and feeling equals manifestation.

I now know what he was creating with his words. “I” is the creative mind, the “I AM that I AM.” “I don’t understand” means “I don’t stand under” myself. The more specific we are, the more feelings we express, the quicker the manifestation. Simultaneously as he steps off the curb, he is saying “I don’t understand” and twists and breaks his leg. Did he create it? Yes! Exactly and literally as he said it. His subconscious mind responded to the words, literally and made it so he could “not stand under” himself, thus a broken leg.

“By your words you shall be justified and by your words you shall be condemned.” Matthew 12:37

This experience, this simple Body Electronics session, with 50 to 60 people in the class, rocked my world. At that moment I understood, for the first time, how language works. I was shocked awake. I continue to experience Language on entirely new and revealing levels.
THE SUBCONSCIOUS MIND IS LITERAL

When my friend said, “I don't understand” with all his feeling and in repetition, his subconscious mind heard him LITERALLY and brought about his words exactly as he used them. “I don't understand” being also translated “I don't stand under myself.” At that moment, there were about 10 more sessions going on, with other experiences being relived. Not similar in broken bones, yet similar in language statements which were brought about exactly as the person stated them. My eyes and ears were opened in a new way. I began to hear the code of Consciousness, the script of creation, the obedience of creation to our every word. I began to hear and experience the Prophetic Nature of Language. In this moment I knew: changing our Consciousness with our tongue precedes any physical modality or remedial agent. In the beginning of all created situations is the Word!

“For as a man thinketh in his heart, so is he.”

*Proverbs 23:7*

My new awareness: when we change a belief system in thought, word and emotional pattern, we change our body, we change our situation and we change our reality.

When we say specifically what we choose with aligned feelings our subconscious, being literal, brings our choice into being.

**The more specific we are, the more instantaneous the manifestation. The more we feel, the more powerful the manifestation.**

How many times have you heard or said things like, “It kills me,” or “I don't get it,” or “I will never understand?”

**Like any operating system, the nature and the dynamic of the system is the boundary of the system. Our Language sets the capability, the boundary and the function of our system which becomes our Reality.**
With an operating system of “want, can't, struggle, fear, and worry” our boundaries are by definition, limiting. The Babel Virus is built on confusion. We may have been conceived in the Babel Virus. We may actually be thinking in the Babel Operating System right this second. Waking up to Clarity and Unity is our job now.

**Anything less than the Spirit of I AM That I AM contains Babel.**

**RESEARCH AND DEVELOPMENT**

I tested my newly gained awareness in my alternative health career. People would come in to receive some support on some “problem.” I would ask them the question “Why are you here?” Their answer would reveal how we as humans decree our reality one word at a time. Every state or condition experienced by anyone is believed in, is described with exacting detail and is agreed with; through thought, shaped by spoken or inner language into symptoms (anything less than optimal health) and life conditions.

I commonly heard things like:

<table>
<thead>
<tr>
<th>Statement</th>
<th>Consequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>“I can’t stand my roommate.”</td>
<td>Their symptoms would be some challenge standing up.</td>
</tr>
<tr>
<td>“I hate my mother's anger.”</td>
<td>Their symptoms would be some thyroid or energy challenge.</td>
</tr>
<tr>
<td>“I don’t see how I can forgive them.”</td>
<td>Their symptoms would be some vision or eye challenge.</td>
</tr>
<tr>
<td>“It is so hard to handle the stress.”</td>
<td>Their symptoms would be some muscular hand challenge.³</td>
</tr>
</tbody>
</table>

³ More information is available in the *Sacred Body Language Translations* DVDs, CDs, and book. Information included in appendices.
These phrases would give the ever active and obedient unconscious mind definite direction in some limited way, which would show up as a health challenge.

Limiting language shapes reality by shaping our Consciousness.

Whatever the modality of healing, type of coaching, situation in life, I found—and still find—Language Upgrades to be essential. They adjust the first cause which quickly adjusts the secondary symptoms. In other words, Changing Language as the primary healing strategy gives the most effective results.

You will discover our language is self-fulfilling prophecy and is simple to change. The key is knowing what to change our current state into...

THE ROLE OF SPECIFICITY

When guiding my class participants, health clients, and myself to transform the limiting statements of what was “not going well,” I asked, “What is (your) my goal for my (your) health?” they usually gave some very vague and disconnected idea of improving “this” or “that” or “not having this pain” or “that stress.” Each statement was frequently so incomplete and undirected, the path of the subconscious, Super-Conscious, or for that matter my own consciousness was at a loss to help them attain anything.
Examples: What is your goal?

| \(\text{“I want to get better.”}\) | \(\text{Want is lack, better is vague.}\) |
| \(\text{“To improve and not be sick all the time.”}\) | \(\text{improve is vague, not be is death—sick all the time is what they did not choose or the anti-goal.}\) |
| \(\text{“To stop being so co-dependent.”}\) | \(\text{stop being is death, so co-dependent is vague and does not define what they choose to change into.}\) |
| \(\text{“To have perfect health.”}\) | \(\text{vague, what is perfect to you?}\) |
| \(\text{“I would like to improve my digestion.”}\) | \(\text{Would like to refers to some future time. Like is indirect.}\) |

I compare our vague Babel to going to a restaurant with the wait person coming over and asking you, “What do you want?” and you say, “food.” Not quite enough information for the server to bring you a satisfying meal.

Babel has been in operation for a long time and has, until now, become our automatic unconscious operating system.

Another example:

| \(\text{“Honey, will you marry me?” “I would like to.”}\) | \(\text{Indirect and weak. Frequently the response was just an “I don’t know” or “you know” or “if I could, I would like to,” “if I can…”}\) |

Awakening to Conscious Language™ is really awakening to the system of the Divine way of life. Once we get it, it is easy. For now, just be alert to the idea and importance of specificity. I practice seeing in pictures what I have just communicated and what others are communicating. If I like the picture I see, the communication is usually clear and definite. If the communication is vague, only a vague sort of hazy picture will emerge. If it is limiting, I replace the picture immediately and suggest a new phrase to the speaker.
Specificity brings up feelings.

Feeling is essential for our Words to manifest. Hidden and suppressed feelings are very comfortable with vagueness and disconnectedness. Vagueness keeps our limitations in status quo.

Honey, can we improve our relationship? Sure honey. Sure because there is no real action plan, no commitment to voice, no job descriptions to accept or delegate, only a vague idea of something, some day, some where, improving. “Sure honey,” commonly followed next by, “No problem.”

The role of language is the agreement we make with our situations.

The study of the Hopi Language via Whorf and my own research opened my eyes to the role language plays in shaping reality of any culture. My Language shapes my culture. Microsoft’s Language shapes their culture. IBM’s Language shapes their culture. Shell Oil’s Language shapes their culture. This truth goes for our health communities, business communities, governing communities, spiritual communities, international communities, family communities, and so on.

I found my study was not just about a tribe who had a different reality. This was about my tribe, my family, my culture. It seemed a lot of folks did not have a clue what they were saying, let alone know the results of what they were speaking into their lives. I was on to something big. I still Am.

The awakening of our full creative potential requires each of us being fully present within ourselves and partnering with each other.

I partner with you through the rest of these pages and beyond. We are all benefited by partnership.
Is it time for you to be fully awake? I say, “Yes!” What do you say?

When I speak first person, personal and specific about my goal, or support someone else to do the same, manifestation happens quickly. This is very important!

JUST THE BEGINNING...

In my on going awakening process and my discovery of the power of Language, I began to add Conscious Language™ to my classes and talks. My former modus operandi was to share what was working in my life and inspire others to learn it too (OK, more like enthusiastically drag people into their outcomes, in the past, I affirm⁴). Many of my close friends then, and I AM very sure, now, will attest to the former “dragging” process. ( Oops! Forgive me Loved Ones for my compulsions of the past).

I remember coming home late one Sunday night from a workshop I was attending and shopping at a 24-hour grocery store in Kalamazoo, Michigan. I turned the corner of one of the isles and saw some very good friends at the far end of the isle. I waved and I continued to shop, heading in their direction. I found their deserted cart around the corner of the aisle, loaded with their weekly groceries. My friends were nowhere in sight. Later they told me they knew I had just returned home from a class and probably had some new healing program I was going to make them do. They bolted. I recommend you find another way than demanding everyone be healthy and Conscious. Since we all use language and we talk out loud, the propensity to coach everyone is pretty inviting. I suggest finding another path. Being an example works better and allows people to stay in the store with you.

“Wherefore by their fruits ye shall know them.” Matthew 7:20

⁴ “In the past, I affirm” See note page 22.
I have a very good friend who knows more about more things than anyone I have met. At one point during a meal following my very consistent language “coaching” my friend announced he was finally fed up with my “language suggestions” and let me know in no uncertain terms the language thing was “off course” for him, “only semantics,” and “no big deal.” In other words, lay off, Stevens, you are bugging me big time!

A week later, my friend’s complaint about the language thing being “off course” was going through my head while I planned my next 3 month schedule of classes. Being co-dependent and needing approval back then I sat at my desk while doing my planning, pushing the reminder note to schedule the “Power of the Spoken Word” class further and further away.

My little self was saying how much more accepted and easily approved of I felt when I did the health and herb classes and how uncomfortable it was—I was—with sharing the language thing (approval factor in the negative). The reminder note was making its way to the edge of the back of my desk ready to fall to the floor when my Inner Spirit got my attention. A battle ensued between my co-dependent self and my Great Self. I got hot and itchy and started to squirm. I finally said to myself “Man, what’s up?” I knew I needed assistance from on High.

Trusting God would answer my every question I needed to know right now about this “Power of the Spoken Word” class, I stood up and closed my eyes. I was at my health desk, where my extensive health library was and reached up on the top shelf, not having a clue what was on that shelf. With the question in my Heart, I asked, “God, Power of the Spoken Word Class, Yes or No?” I grabbed a book (A Scofield Bible it turned out, the only one in this library), my eyes still closed, pulled it down to my
desktop, opened the book, eyes still closed, put my finger somewhere on a page I had opened and opened my eyes. Here is what I saw:

> “Thou shalt also decree a thing and it shall be established unto thee: and the light shall shine upon thy ways.” Job 22:28

I was brought to full attention. My ducky bumps were having ducky bumps. I had chills running up and down my spine and remembering to breathe was a challenge. My Heart and eyes flowed with tears of great gratitude. When God answers we surely know it. I allowed myself to integrate and breathe and actually stood up and saluted my Lord, my “I AM,” my God and said, “Yes God! I have my marching papers.”

“Decree a thing and it shall be established unto you” is the first of many instructions I received from the “ask, point and read” system of research. I will share, from my Heart, instructions and Scriptural quotes revealed to me, as they are very personal Gifts from my Creator. I simply and humbly share my experience. I trust you will listen to your own Sacred Heart.

We all deserve to know the Truth, to have our tongue and mind and Heart connected with our Spirit.

> I believe the way we Glorify our Creator is by living abundantly, in joy and health with our Beloveds.

Let us all remember, we have a choice on how we live our lives. “Choose ye this day whom ye shall serve.”

There is more to the story. Much more! If you are wondering if this is a religious story, I prefer to say this is a rich Spiritual, Spirit filled story. Every person who has diligently applied the techniques in this book has experienced a major upgrade of their Spiritual, physical, financial, and social lives. I Trust you will as well.
As the unfolding of what I now call Conscious Language™ continued many experiences and insights—my own and thousands of others—began to build a base of understanding, a basis of realizing the power of our Language to shape every single thing in our lives. I discovered our Language is actually our Human Operating System. I approached my upgrades with the attitude each limitation is just a set of rules believed in. These rules are a code, a series of Language patterns associated with memories. These memories are from my own life as well as genetic in nature. Some belief systems are so full of “Babel Viruses” they do not function at all. Sound familiar?

Have you had belief systems which were contrary to your objectives?

**Upgrading our beliefs through our Language and thoughts is step one.**

Our language plays a major role in our successes and our failures. I AM eternally grateful—great full, full of greatness—to God for leaving us a trail to return home and giving us a way to find home within ourselves.

**The Language of our Hearts is pure, connected, already Conscious and already installed within our Heart of Hearts.**

When I finally figured out we all come from our Creator’s “Factory” with Pure Speech installed, I relaxed in the Faith: we have our Divine Plan awaiting our full expression. Playing our Conscious Role is all it takes to turn the stage of life into our Heaven on Earth.

Affirmations like, “I choose to consciously be in my Heart now and continuously” are very helpful.

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5 See the work of Dr. Bruce Lipton — www.brucelipton.com and Gregg Braden — www.greggbraden.com
I will show you what I have discovered about connecting with our Heart's Language, what our Heart's Language is and what it is, most likely, not. I share as a student. I will be able only to point you in your inner direction. You will be the only one to discover your truth, in your own Heart and give it your voice. I believe every word we speak is our prayer coming into manifestation now and now and now and now.

**Speak only what you choose to have come into manifestation now and continuously.**

“Then the LORD put forth his hand and touched my mouth. And the LORD said unto me, Behold, I have put my words in thy mouth.” Jeremiah 1:9

**LANGUAGE—SELF FULFILLING PROPHECY**

Once I found language is self fulfilling prophecy and of the utmost importance to every aspect of my life, I started to focus on speaking only what I chose to have come into manifestation. Then the fun, upscaling and waves of transformation began.

In October, 1986, I shared my first event of my new version of Language awareness. I called it “Mastery of Words.” (Eventually I called it “Mastery With Words”, currently it is called “Mastery, 201 Embodying Conscious Language™.”) In my first “Mastery of Words” event, about 30 of my friends, students, teachers attended. It was in the Raleigh-Durham area. The class was starting to roll along and within the first half day I found out who the class was for, me, of course.

I prepped the “students” on speaking only what they choose. How “want” meant “lack.” How important it is to be first person, personal. How we were going to coach each other. They did coach me on virtually every phrase I spoke with a whole lot of gusto which my ego found somewhat (translated: hugely) challenging. They were doing a great job doing what I had asked
them to do. I was struggling as they were playing back my own words and phrases for my review as fast as I spoke. “You just said 'want'.” “Isn't, doesn't that mean 'is not?'” “I thought we were supposed to say what is, not what is not.” I just kept breathing and loving and breathing and loving.

We eventually learned how to listen until the speaker got their idea out and then coach. We were all helped with this agreement. Our active and “committed listening” required our utmost focus and attention. What an experience! I bet I learned a thousand times more through the class than they learned through me. Yes, the student is the one up in front of the class and the teachers are in the seats. I remember!

In this first Mastery of Words event, something happened which continued for two more events, until I woke up. Picture this: I was sharing how powerful language was, how important it is to be aware of each word we speak and how God, our Angels, our subconscious are all listening and bringing about whatever we say provided we say it with determination, specificity and feeling, i.e. anything Decreed.

As I was sharing these very impassioned concepts my hand waving in the air, I said, “If I was aligned with my Words and I were to say 'let there be water' then water would appear.” My hand was reaching to the ceiling, pointing to an area just a few feet in front of my PA speakers, which were on speaker stands. In that very instant, the ceiling broke open and a huge amount of water poured down from some freshly burst pipes. I calmly stated “Just like that,” and slowly walked over, pulled my speakers to safety, and moved a huge planter under the gushing water. The class was shocked. I was calm, poised, and matter of fact—on the outside. I asked my sound tech to please stop recording and get assistance from the hotel engineer. It took them some time to turn the water off. It took me some time to figure out what I did.
Did I get it? Not yet. We all marveled about the incident, completed the class, and they were off choosing this and that and I was off to another class, this time in York, PA. Same scenario, I started the “When two or more are gathered in My Name, I AM there” thing. This time I was being “smarter” and my decree was about the power going out. It did, in that instant! Not just a fuse or circuit breaker in the gymnasium my sponsor had rented, oh no. The whole county grid system went down for an hour. There was only a single window in the door allowing light in on ninety one of us. We were sitting there in complete silence. They were wondering if I had planned it as a joke. I was wondering if God had planned this as a wake up call to yours truly. It happened one more time. I learned my lesson.

Speaking only what we choose to have come into manifestation, moment to moment to moment, is a very good idea.

That was in 1986. I have thousands of more examples to share. Each example taught me another “good idea.” What you have to continue to look forward to is waking up to your own new “Conscious Human Operating System.”

As I continued to be aware of the influence of Language in my life and the lives of those I interacted with, I discovered daily the exactness of language and the connectedness of our thoughts, words, and emotions to what exists in our lives, health, finances, relationships, spiritual connectedness, and just about every aspect where words are used.

My next Scriptural upgrade came from my exploring the reference to Language from Scripture. God knew I was not going to go through a whole bunch of study on the topic, so Providence had to lend a hand. I did the same thing, you know, “OK God, I have a question in my Heart; please let me have Your answer. How about more insight on Language Dear God—You have my full attention.” The next Scripture shown to me by the “open, point and read method” was the one about the horse’s tongue.
“For in many things we offend all. If any man offend not in word, the same is a perfect man and able also to bridle the whole body. Behold, we put bits in the horses’ mouths, that they may obey us; and we turn about their whole body. Behold also the ships, which though they be so great and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listed.” James 3:2-4

It took me months to begin to assimilate this statement. What did “A man who offended not in word” mean? Well, after much study and prayer, my take on this is: I AM that I AM is Pure. When we speak or think a statement using the Lord’s Name in Vain, use the “I AM's” Name in vain, then we are offending our Creator; we are offending our Heart, offending Perfection within us.

“May the words of my mouth and the meditations of my heart be acceptable in thy sight, oh Lord.”

By having our Language be pure, holy, clean, true, honest, blessed, blessing, clear, and definite we are using our tongues consiously and constructively. “I can't,” “I am not,” and “I want” are all phrases which offend the Great “I.”

All these phrases start with “I,” which is the “I AM.”
Can our “I AM that I AM” ever “can't?”
Can our “I AM that I AM” ever “want?”
Our “I AM” IS! God is what Is.
“I am not” is impossible to our “I AM that I AM.”
“I am not” is ok, for Babel and our little selves, our old self not our “I AM that I AM” Self, our New Self.
God Is Existence, Beingness, Omnipresent, Light, here and now.

“I AM the first and I AM the last; and beside me there is no God.” —Isaiah 44

“I AM the LORD and there is none else, there is no God beside me.” —Isaiah 45:5
Discovering my “version” of English contained hidden glitches, limiting agreements and language patterns that created separation was essential to awakening my own language of success.

“But I say to you that for every idle word men may speak, they will give account of it in the day of judgment.” Matthew 12:36

Every limiting language pattern reveals some new choice waiting to be made.
CHAPTER 3

LANGUAGE, OUR HUMAN OPERATING SYSTEM

Language is to you what an Operating System is to a computer. Language is our Human Operating System (HOS). Our language contains the building blocks of our reality. By adding new creative words to our Consciousness, we have expanded our capability to create. Words which offer hope, love, trust, faith, prosperity or success are words which I consider to be “Conscious.” These are words we choose once we know we have a choice. Words like terror, lack, fear, distrust, struggle, and so on offer us a contracted life. I consider this language less-than-conscious, un-conscious, and limiting.

All language is creative and creates either negative or positive experiences.

The idea of our language being our operating system has helped me convey the role of language with much greater ease and clarity. As I build a new context for the role of language and the literalness of our sub-conscious mind, many new ideas may emerge within you of how you have been other than consciously creating your reality and what to do to Consciously Create what you choose.
RIGHT AND LEFT BRAIN DISTINCTIONS

Words tend to be a left brain function. Feeling tends to be a right brain function. When our language is successful and what we are saying, thinking, praying, and decreeing in words is successfully manifesting, this indicates we are using our Language (left brain) with feeling (right brain) in alignment. Understanding the qualities required for having something new happen in our life, career, relationship, finances and health is vital.

“I” is right brain. “AM” is left brain.
“I AM” is whole brain.

THE BASICS OF CONSCIOUS LANGUAGE™:
1. Speak what you choose.
2. Be first person, personal.
3. Be specific.
4. Be aligned in your feeling.

Successfully operating a computer is relatively simple. Successfully operating our lives becomes easy as we understand how we operate. To function, a computer has only a few variables. We as human beings function as a biological computer with greater complexity.

The feeling aspect, which is not in the computer dynamic, is a huge factor in having our Words become Reality. When we can be whole brain, when we can have our “I” (right brain) and our “AM” (left brain) working in harmony, our “I AM that I AM” is, or begins to be, connected and functioning.

“I” is God, “AM” is action.

At this point of our upgrade to Conscious Language™, the awakening process of our already successful “Inner Self,” our “New Self” has begun or has increased. New hope and new desires will be surfacing from some stored place in our psyche.
The counterfeit of old limitation may emerge as or before our returning strength.

If we did not get it right the first time and we are still breathing, we can start again, with our new choices, our aware speaking, our Decrees.

Examples:
“I remember my good.”
“I recommit to my success.”
“I claim my Victory.”

In delivering a new Conscious Human Operating System to our global community, I humbly know and share with you my great joy, awaiting our new upgrades and newfound strengths. Our Blessings happen because we choose them.

**Our greatest weakness is our greatest strength waiting to happen.**

Life is made up of unconscious aggravations or Conscious affirmations, thoughts and Decrees.

**A Decree is a Law:**
Something spoken with authority and conviction.

Take Authority and Decree:

- *I AM that I AM!*
- *I remember Pure Speech.*
- *I know and I AM my Highest Choice.*
- *I feel loved.*
- *I forgive my past creations and I AM forgiven for my past creations.*
- *I AM the Resurrection and the Life of my success.*
- *I choose to make my reboot to my new Conscious Human Operating System fun and easy.*
God—I AM, Light, Higher Power, Holy Spirit, Great Spirit, Christ, Buddha, Krishna, Allah. (your choice)—speaks through me and produces perfection with every word I speak.

I see only perfection in myself and those I contact.

I accept only Divine Truth and Wisdom at all times.

I remember and embody every Divine Truth I read and Experience.

REPORTING YOUR MIRACLES

Many years ago I gave a class in the Scottsdale, Arizona, called “Unifying Language, Imagination, Priorities, and Prosperity.” I asked the class to send me their “miracles” which had to be “already realized, manifested, in hand or done.” When I arrived back at my office a week after the course ended, I had already received 98 pages of miracle faxes.

Your Miracle(s) await your new choice. Your Blessings depend on Consciousness. As you upgrade to your New Conscious Human Operating System, you operate at a higher level. We operate according to the Language in our Heart of Hearts and you are initiating a change in your Language system by reading the pages in this book.

“Yea, my heart shall rejoice, when thy lips speak right things.” Proverbs 23:16

Focusing on, in, and from your Manifested Miracle brings it into existence, sometimes instantaneously. I love witnessing Miracles and sharing the path, process or technology which people use to attain what seems impossible or highly unlikely. Please join my Miracle Email Reporting Service and I will periodically share your stories with the rest of our Mastery Systems’ Miracle Team.
Email your Miracles to: miracles@masterysystems.com.
Follow this format:

- In the subject line put: Miracle Email from (your name)
- In the text message put: Your miracle. Make sure it has happened, is in your hands or is complete; not just “going to happen” or “the check is in the mail.” Ensure you sharing your Victory by reporting the news instead of saying what you think is going to happen. Share from the Consciousness and reality of your goal being “complete.”
- How did you do it? Let us all know exactly what word, phrase, idea, thought, or technique you used to manifest your miracle. When referencing this book, share what pages you found it on.
- What is new and different in your life now that your Miracle has happened?

Remember to be aware of your Miracles when they happen and be in the Spirit of thankfulness (full of thanks) and gratefulness (full of greatness). Remembering to write your Miracles down has them happen faster and faster. Hint, Hint.

PREPARING TO UPGRADE

In the many courses I share, preparation of the individual and the group for their upgrades to be accomplished requires humor, enthusiasm, understanding the real benefits of upgrading, participation and lots and lots of Love. In this written form of sharing, you are the one who prepares your garden for your new “crop” of ideas, thoughts, commitments and successes. Check your body posture right now.
Make sure you are sitting as if you just won a million dollars. Our physiology can influence our Consciousness. Sit in the Consciousness and body language of success and “thrival.” Neuro-Linguistics addresses this important point.

**Insanity: doing the same thing over and over again and expecting different results.**
Albert Einstein

When I first heard the definition of insanity I laughed and laughed. I laughed because I saw how true it is. Later I cried (figuratively) because I saw how much I had waited for something to change without really changing anything inside myself. I realize we have all done quite well with the operating system of the Babel Virus. Pat yourself on the back for making it this far. Your parents too. We have done well with such a huge glitch in our Human Operating System.

**In languaging any change—any subtle change in feeling, a simple word change, a phrase change or a change in thinking—has an enormous potential influence on our lives. Changing our language changes our life “trajectory.”**

My entire focus in preparing you to successfully upgrade to Pure Speech is to establish your understanding of the real role of Language in your life, the role you play in every situation you are in or will encounter.

To lighten up the whole experience, enter the upgrade process like it is a game. One-on-one Conscious Language™ Coaching can feel very challenging, like someone is being made wrong. The feeling of being made wrong is within the individual according to past memories. Since we are dealing with huge emotional patterns which most of us grew up with, playing Conscious Language™ like a game puts the process in perspective. Understanding our language patterns is neither good nor bad, they just are and we can evaluate if they serve us. If not, we
can make a new choice. Here is a set of agreements to keep which make the upgrade to Conscious Language™ much easier and more fulfilling.

SUGGESTED AGREEMENTS FOR SUCCESSFULLY UPGRADEING OUR HUMAN OPERATING SYSTEM

1. **Play 125%**. Stretch. Be willing to go as far as you think you can and then, go even farther now and now and now. As you make the agreement to be more fully present, sit straighter, breathe deeper, love more fully, show up sooner and be more alive than you ever have; your life will heal. Right now, can you focus more completely? Can you straighten your spine and breathe more deeply? Can you connect with your Inner Source more fully? Do it right now!

   You have just played 125%. The power of this agreement is to play 125% from now on. This means you have just played more fully than you ever have which translates to 100% play. Keep taking it to a Higher Level, now and now and now. Remember your agreement is to play 125%.

2. **Live Your Word**. Say what you mean, mean what you say, do what you say.

3. **Be fully and completely present**. Since Conscious Language™ is the Language of Now, being fully and completely present is a requirement to be creating in the only moment that exists, Now.

4. **Be responsible for internal dialogue**. Margin Note—See page 149.

5. **Be effective and efficient**. Optimize every moment... more with less.

6. **Have a COMMITMENT to win and empower others to win**, creating Win/Win.
7. Give yourself permission to:
   a. Be open to your highest good.
   b. Know.
   c. Stretch.
   d. Be enthusiastic.

8. Choose to choose.

9. Agree to find and come to agreement.

10. Be in relationship with your Inner Source.

11. Stretch again and Breathe, Breathe, Breathe!

12. Be committed and say “yes” to your highest good.

Review these agreements a few times and then commit to them. If you notice you have slacked off, recommit. It may take 1,000 recommitments to transform a major challenge in your life. Are you worth it?

You are ESSENTIAL!

Thousands of successful graduates of Conscious Language™ live their lives using these simple agreements. I have seen this list on many refrigerators when visiting friends. Remember the definition of insanity, “Doing the same thing over and over and expecting a new and different result.” Make a change in the way you answer your phone, speak with your spouse, play with your children, think, feel, and behave in your career and even in the way you read this book. Start now and your upgrade will already be operating.

I find great results when I create having fun with intense subjects and experiences. Our Language is much more than words in a dictionary. Our words have Creative Power and are connected to memories, feelings, thoughts, both from our ancestors and family as well as from our own life experiences. Are you still playing 125%?
1. Play your upgrade process like a game. Fun makes change happen with ease. The more fun you make your Language transitions, the more creative you will be and the faster your changes and upgrades will take place. By making this fun, our little attachments to limiting beliefs will give way to finding solutions and resolutions easily.

2. Become the Explorer into the effects words have in our lives:
   - *Communicating with others*— in communicating with your family and friends, often just a simple word change brings a consistently challenging relationship into warmer and more loving interactions.
   - *Communication with ourselves*—by upgrading our inner speech to a state of impeccable self empowerment, our inner world transformations reflects upon our outer world manifest reality.
   - *Being communicated to*—even the way others speak to us can easily be transformed by our Conscious listening. Conscious Language™ alert us to what is really being asked for from others, what they are really feeling or what they really mean to say. Understanding others goes a long way in others understanding you.

The nature and “listening” of the subconscious mind. I believe this is one of the most important benefits of Conscious Language™. As I understand how my own feeling world interprets what I AM saying and thinking, this understanding helps me know what to do to effectively support the expansion of my Inner Consciousness.

3. Observe our current belief systems and what we have made up and proven about: God, Self, life, receiving, learning, relationships, success, feelings, work, others, money, getting things done, parents; *as expressed in WORDS!*
As an example:
- “Life is hard.”
- “Life is easy.”
- “Money is elusive.”
- “Relationships are difficult.”
- “I give to others more easily than I give to myself.”
- “I have given up on success.”
- “I am not good enough.”
- “I have to do it all myself.”

Any patterns we discover are upgradeable.

4. Explore creative alternatives in languaging, moving from the position of being right or wrong, good or bad into finding our “highest choice.” However we say it is the way we have said it. It is neither good or bad, it just IS!

5. Learn how to “hear” our internal dialogue and consciously “catch” and transmute it into our highest choice. The goal is to distinguish and upgrade self sabotage before it can act. And when we do, the thrill of Victory and accomplishment is exhilarating for us.

6. Be aware of “automatic unconscious speaking”—the old self—and begin to listen and speak our “New Self.” Awakening to a “New Person” within us, our “Enlightened Self” is one of our great goals of physical embodiment. Our “New Self” has a Language system which is already Divine.

7. The **Formula and Chemistry** for success:

   **Words + Specificity + Feelings = Manifestation**

   “Things are neither good nor bad, thinking makes it so.”
   - William Shakespeare
Manifestation happens when you:
• Speak from your Heart
• Speak Consciously and Creatively
• Speak in first person personally
• Speak with specificity
• Speak with aligned feeling

I call this a Miracle. Miracles follow Divine Laws. It is a Miracle to me we have Divine Laws to follow.

THE CHEMISTRY FOR SUCCESS

a) Making and keeping agreements—Being successful means we have a measurement for success. If I do not make any agreements, I will not break any agreements. Then I will not have a way to measure my success. Scripturally these are called Covenants. Our Creator has made Covenants with us. Making and keeping our High Agreements produces our Victory.

b) Having clear goals—Having a goal sets our attention on what we desire. Keeping our eyes on the road allows us to drive safely. Setting goals which are clear and specific speeds up the activity of manifestation.

“Where the attention goes the energy flows.”
Kahuna Statement

c) Speaking our outcome—The result of our language and the point of each interaction requires our intended outcome to have an outcome. The Babel Virus is all about disconnected, confused, confounded (not founded) language which separates us from our goals. Conscious Language™ is speaking our outcomes with specificity and feeling—Decreeing the end from the beginning.

d) Transmuting other conflicting agenda—Every pattern we plan to upgrade has its own agenda. It could be the agenda of
struggle, lack, want, unworthiness, fear, separation, etc. As we move upscale, we realize the momentum of our old life may be directly in opposition to our newly chosen life pattern. Adjusting direction requires love and powerful guidance. As we change beliefs, we are able to easily navigate our turn in Consciousness smoothly.

e) **Aligned feelings**—When words are spoken in one direction with our feeling going in another direction there is a lack of aligned feelings, and this breeds self sabotage. By speaking our desired outcome with specificity and feeling we empower our words to manifest.

8. Read this book and Upgrade your own Conscious Human Operating System in this atmosphere:

a) **Be Committed**—Take your life to a higher level—right now commit to upgrading 5 things personally and specifically in your life while reading this book.

b) **Create internal safety**—Internal safety allows limiting beliefs to surface so you can upgrade them into new options. Feeling safe is essential for our stored limited patterns to reveal themselves. Remember, many of our limitations were picked up from our loved ones. They are not bad or good. These patterns just may not serve our greatest good. Let your feeling world know Love is present as you move upscale. Nothing will be left behind, just transformed into more happiness, joy and prosperity.

c) **Supporting yourself**—Understand what may come up, as we make new choices, may be powerful and emotional. Feelings are the raw material used to build our new reality.

d) **Giving yourself full commitment**—Empower ourselves and those in our lives with our highest choices.

“In the province of the mind, what one believes to be true either is true or becomes true.”
Playing the upgrade process in teams and families as a game helps the players feel comfortable. My Beloved wife Helena, when she was with us on Earth, would add to each class in a very loving and powerful request,

“Please, Angels, only use our material to expand Love.”

Please, please remember to use the tools and techniques contained in this book to Love yourself and others more fully. It is not meant as more ammunition to judge yourself or others. Use it to Bless yourself, your family and friends.

Paul Twitchell said: “The higher one climbs on the spiritual ladder, the more they will grant others their own freedom and give less interference to another’s state of consciousness.” I echo Twitchell's conviction. Sometimes one word, when recognized and changed, will bring on a series of cascading transformations for the individual which can shake their entire known reality. Imagine helping someone realize they have been saying and believing the statement, “I want love” for 50 years. Also imagine this person makes a new choice because they realized “want” equals “lack” and they have been agreeing to “lack” love for half a century. Imagine their face as they “choose love” or “enjoy love” or “claim love” for the first time and it really happens.

The power of our Language is much more than commentary, it is Creative.

Frequently, an immediate transformation begins and in this case, the individual’s world moves from “wanting” to “having” love. The change can powerfully alter our reality. Be gentle with yourself and your Loved Ones.

“A wholesome tongue is a tree of life.” Proverbs 15:4

Again, be very loving and gentle with yourself and those with whom you play the game of Conscious Language™.
Remember to get permission before you ever coach anyone about their words.

The words we are using are what we currently believe to be true or we would not use them. Many of us, in the past I affirm, have been unaware of what we were actually saying and creating with our words. Many of the worded expressions we use were carved in our Consciousness through our parents and caregivers from conception on, passed lovingly on to them by their parents’ parents.

I have found simply coaching myself out loud to be one of the greatest benefits to those around me. Whenever I have coached my own language in front of the class, I have helped many understand how the process of self-coaching works and that we do not have to be perfect. We can start where we are—to start our upgrade successfully.

Whatever you do, please expand Love and respect for each person's Human Operating System, starting with your own.

BENEFITS FROM CONSCIOUS LANGUAGE™

• Catch self-sabotage before it acts in your life and turn it into self-empowerment.
• Transform through language, your own areas of limitations into your heart’s desires. The more diligent you are, the faster the transformation.
• Be your own optimum self-programmer; learn how your whole brain “hears” language.
• Awaken your capabilities and become a committed listening to your own inner strengths and genius.
• Turn up the volume of your “Still Small Voice.”
• Instantly shift into being personally satisfied, yourself, personally. Yes, you! Personally, yeah you!
• Be in the picture and reality of your own success.
• Be your own partner in health. Discover how your health is directly influenced by your languaging.
• Immediately adjust your states of lacking to your choice of having, being, doing, enjoying, and thriving.
• Have fun coaching your self into your victory, over and over again.
• Learn how close Spirit is, in every breath.
• Know the difference between process and outcome. It is the difference between “working on getting something” and “having something.”
• Understand sarcasm (translated—sarc—the tearing of flesh) for what it is.
• Develop a whole brain approach with specificity—words (left brain) and feeling (right brain).
• Effectively communicate your ideas while simultaneously accessing creativity, receptivity and understanding in your life.
• Discuss challenging topics while remaining focused and productive.
• Support your team, family, company, relationships, or organization to get on track quickly and stay on track.
• Provide your children, family, and friends an effective joyous operating system in their own mind, feelings, and experience.